



Eucharistic Adoration Etiquette

Eucharistic Adoration is a time of great reverence. Jesus in the Holy Eucharist is truly present in the Monstrance and our attitude should be one of reverence, quiet, and awe. Following are items of adoration etiquette that should be observed. These items pertain only to personal behavior toward God and others, not with how you pray.

- Your commitment to adore is a blessing from the Lord. ***As a Guardian of the Eucharist during your hour, it is your responsibility to ensure that the Blessed Sacrament is never left alone under any circumstances.***
- Before entering a seat, we should demonstrate our reverence and adoration of the Lord by genuflecting on one or two knees (two is preferred if physically able) or bowing from the waist, known as a profound bow, and acknowledging His Holy Presence. When we leave the chapel, we should once again demonstrate our love and gratitude by doing the same.
- You may choose to kneel, sit, or stand during your visit. Whatever way you are most comfortable adoring the Blessed Sacrament.
- Our time in adoration is a time of quiet prayer and meditation in the presence of Jesus (no talking). Please silence all electronic devices before entering.
- Please be mindful of proper respectful and modest attire.
- Nothing is to be placed on the altar and the Monstrance holding our Lord should not be touched.
- Please do not bring food or drink to Adoration (including chewing gum or candy).
- Children 13 years and younger should not be left unattended.
- Spiritual reading material provided should not be removed from the church. This material must be approved by Father.